

TITLE

Music Therapy for Children and Adolescents – An Overview

ABSTRACT

Working with children and adolescents plays an important role in music therapy – not least because music is of great developmental psychological significance in childhood and adolescence.

This presentation will provide an up-to-date overview of music therapy practice and research in childhood and adolescence. The focus is on music therapy in child and adolescent psychiatry.

Keywords: music therapy, children & adolescents, research