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Joanne Loewy DA, LCAT, MT-BC is the Founding Director of the Department of Music Therapy, and an Associate Professor at Icahn School of Medicine at Mount Sinai. She is an international speaker, researcher whose studies on sleep, pain, and pulmonary function- have been published in medical journals. A Founding Member of the International Association for Music and Medicine, her center treats musicians and their unique ailments including chronic fatigue, chemical dependency, performance anxiety and overuse, children with developmental delays, teens with emotional issues, adults with neurological disorders and all ages of patients with asthma and COPD, and long-hauler COVID. Dr. Loewy is the co-Editor in Chief of the international, peer reviewed journal 'Music and Medicine' and serves on several editorial boards. She is a Cochrane NICU and Palliative Care reviewer. She received her doctorate from NYU and has edited several books including Music Therapy in Pediatric Pain, Music Therapy in the NICU, and she co-edited Music Therapy at End of Life and Caring for the Caregiver: Music Therapy in Grief and Trauma and Integrative Advances in Music and Medicine: Music, the Breath and Health.