

**TITLE**

Music and Health in Hamburg

**ABSTRACT**

The medical field of music and health in Hamburg is set up both at the University Medical Center Hamburg-Eppendorf (UKE) and the Academy of Music and Theater in Hamburg-Harvestehude (HfMT). In December 2017 the “Committee for Music and Health” was founded at the Institute of Music Therapy. After a short launching phase, a curriculum for music students was implemented, providing information about anatomy, physiology and overuse of the extremities as well as literacy and psychosocial aspects of making music. Regular participation in this program now is obligatory for students of instrumental pedagogy studies and is offered as an elective subject for all students of the HfMT. Soon after, there were established consultation hours for musicians at the Department of General Practice and Primary Care (UKE), which are henceforth carried out once a week. This health service has been accepted well and is attended to both by music students and music professionals. This presentation gives an overview about the current development of the field of music and health in Hamburg.