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After graduating in Medicine and Music he held a postdoctoral position in the department of Clinical Neurophysiology in Freiburg where he carried out research into brain activation during auditory processing of music and learning of fine motor skills. He received his clinical training in Neurology at the Department of Neurology at the University of Tübingen (Head of the Department Prof. Dr J. Dichgans). Since 1994 he is a chair and director of the Institute of Music Physiology and Musicians' Medicine. He continues research into movement disorders in musicians and into motor and sensory learning as well as in the effects of music on emotions.

During the last ten years he received 20 grants from the German Research Society (DFG). He has published 159 peer reviewed original articles and 119 articles in books. Major awards are: Fellow of the Deutsche Studienstiftung, Young Scientists Award of the German Physiological Society 1984, Kornmüller-Award of the German Society for Clinical Electrophysiology for EEG-Research 1992, Richard Lederman Lecture, Aspen 1999, Member of the Faculty of the European Forum Alpbach 1999, Otto Creutzfeldt Lecture of the German Neuroscience Society 2003, Member of the Göttingen Academy of Sciences 2005, President of the German Society for Music Physiology and Musician's Medicine from 2005-2011, since 2011 Vice-President, Science Award of the Country of Lower Saxony 2013.