

# The Psychoanalyst and Their Patient Facing the Ecological Crisis – trying to remain neutral.

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## Abstract Content (EN)

The gravity of the ecological emergency confronts all of us—analysts and patients alike—with the anxiety tied to both its current and future consequences. Like the rest of the population, analysts and patients find themselves somewhere on the spectrum between sheer denial and more or less responsible acknowledgment, with all the intermediate positions. Depending on the case, analyst and patient may share a similar stance, or they may be situated at more or less opposing extremes.

After discussing the notion of psychoanalytic neutrality, two detailed clinical cases will be presented, which will serve to explore the following questions:

What does it mean to be neutral when threatened by a severe ecological crisis?

What conflicts does the analyst face when encountering different patients—both those who share their position and those who hold opposing views?

In what ways does the encounter with the patient mobilize the analyst's own feelings and phantasies—anxiety, terror, loss, guilt, helplessness, the desire for reparation,—in their more or less worked through or melancholic / manic forms?

How does the analyst position themselves between the opposing risks of defensive collusion, on the one hand, and seductive indoctrination, on the other?