

# *Experiences from the 3-LM: Moderating, Participating, and Sharing Knowledge*

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## **Abstract Content (EN)**

This presentation examines the multiple dimensions of working with the Three-Level Model (3-LM) in psychoanalysis, drawing on recent international developments. It begins with a brief introduction to the model and its applications to date, followed by **reflections from moderators**. Their experiences reveal both the challenges and the opportunities involved in guiding heterogeneous groups, while participants highlight how pluralism and collaborative reasoning foster deeper clinical understanding.

**The perspective of a case-presenting analyst** is also included, underscoring the 3-LM's central contribution: promoting a **systematic deepening of the analyst's knowledge of the patient**. This process, enriched by the diverse perspectives of group members, not only sharpens the understanding of patient dynamics but also serves as a crucial instrument for analyst in training, providing a structured framework for clinical observation, critical reflection, and integration of multiple viewpoints.

Finally, the presentation further addresses the **ethical challenges** inherent in writing about patients and the goals of it. It will be discussed from the standpoint of an analyst who has published clinical material and an analyst who has published research on it. The 3-LM offers a reflective setting to consider these dilemmas, supporting analysts in balancing confidentiality, respect for the patient, and the advancement of psychoanalytic knowledge.