Clinical Observation 3-LM Group (in English)

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Chair of Workshop

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Content

The Clinical Observation Groups will work with the Three-Level-Model (3-LM) for Observing Patient Transformations focusing on change (and absence of change) in the patient and in the psychoanalytic process over time. The group will explore the three levels: phenomenological descriptions, identification of diagnostic dimensions of change and explanatory hypothesis of change.

The 3-Level Model seeks to acknowledge the richness of clinical experience by considering multiple dimensions of psychic functioning, including interpersonal relationships, main intrapsychic conflicts, and mental capacities, which facilitate identificatory processes and symbolization in the patient's psychic functioning in the session, in the transference and countertransference.

Participants will be given a brief history and verbatim transcription of the sessions from the beginning, middle and end of the psychoanalytic process. The group will refer to the line-numbered text of the Clinical Material in making observations, guided by the questions of the 3-Level Model, to refine clinical observation and communication.

Group discussion is facilitated by an experienced moderator, with summaries of the discussion by a reporter.